

# WELCOME TO Childcare

AT RWJ FITNESS & WELLNESS CENTER - HAMILTON

## Our Childcare has much to offer...

Your child will enjoy a variety of learning and developmental activities, from arts and crafts to games that help improve gross motor skills. Children also participate in story time, fun projects, and movie time.

We pride ourselves on offering a clean, healthy, safe environment for your children. Each staff member cares about the well-being and positive development of every child.

### CHILDCARE PACKET

# **Childcare Guidelines**

- Childcare is available for members' children while members are using the facility.
- The first two hours of Childcare is a complimentary service and included in membership. Non-members will be charged \$10.00 an hour for up to two hours maximum. This charge is per family.
- Children must be at least 3 months of age.
   Immunizations must be up to date.
- All children must be signed in upon arrival and signed out when leaving. Your child/children are only permitted to leave with the parent responsible for signing them in.
- In the event of an emergency during which you are unable to pick up your child, the name provided on the Childcare information sheet will be contacted immediately.
- Please provide any special supplies that your child may need during the time they spend with us.
- All age groups share the Childcare space. Older children are encouraged to bring reading materials, homework, card games, electronics, etc.
- Television time is limited. Children are encouraged to participate in other activities.
- Snacks of any kind are not permitted in Childcare due to life-threatening allergies and possible choking. Drinks are permitted; however, we ask that you only send water with your child.
   PLEASE LABEL ALL CUPS.

- SICK CHILDREN MUST BE KEPT AT HOME.
   This is for sanitary reasons to prevent other children and staff from illness.
- Children must maintain appropriate behavior at all times. If a child does not behave appropriately, Childcare privileges may be revoked at the sole discretion of management.
- The Childcare employees do not change diapers.
   If a child needs a diaper change, the parent who dropped them off will be asked to return to the room. A changing table is provided.
- If your child persistently cries for more than 10 minutes, you will be asked to return to the Childcare room. We ask for your cooperation and prompt response.
- Service is limited to two hours per visit. After two hours, a late fee of \$10.00 per hour will be assessed.
- Grandparents who are members are permitted to use the complimentary Childcare for their grandchildren while working out.
- Please complete the attached Childcare Information, Permission to Respond to Minors, Waiver, and Sick Policy forms.
- To offer the safest Childcare, please be aware that space may be limited.
- Children may only be dropped off at Childcare by parents, guardians, or grandparents.

# Hours of Operation

Monday: 8:30am-1:30pm

4:30pm-8:30pm

Tuesday: 8:30am-1:30pm

4:30pm-8:30pm

Wednesday: 8:30am-1:30pm

4:30pm-8:30pm

Thursday: 8:30am-1:30pm

4:30pm-8:30pm

8:30am-1:30pm **Friday:** 

Saturday: 8:00am-1:00pm

Sunday: 8:00am-12:30pm

HOURS ARE SUBJECT TO CHANGE BASED ON USAGE. RESERVATIONS MAY BE REQUIRED BASED ON USAGE.



#### CHILDCARE

## **CHILDCARE PACKET**

# **Childcare Information**

Parent or Guardian Name(s) (Please list all that apply):							
Address:							
Cell #:	Email:						
CHILD/CHILDREN:							
Name:		DOB:/					
Name:		DOB:/					
Name:		DOB:/					
Name:		DOB:/					
PEDIATRICIAN'S NAME:							
EMERGENCY CONTACT (Someone other	er than yourself):						
Name:	Phone #:						
Relationship:							
Name:	Phone #:						
Relationship:							
	E ANY HEALTH CONDITION CARE STAFF SHOULD BE						
NO FOOD IS PERMITTED IN THE (	CHILDCARE FACILITY. THANK YOU I	FOR YOUR COOPERATION.					
Parent or Guardian Signature:		Date:/					
Received by F&W Staff:		Date:/					







#### CHILDCARE

## **CHILDCARE PACKET**

# **General Waivers**

## **WAIVER**

The undersigned parent/guardian on behalf of ("child") agrees that	at engaging in any
program, including Childcare at RWJ Fitness & Wellness Center - Hamilton, shall be taker	n at the sole risk of
the parent and child, including all consequential and incidental damages. The parent and	child, for themselves
and on behalf of their executors, administrators, heirs, and assigns, does hereby express	ly release, discharge,
waive, relinquish, and covenants not to sue RWJ Fitness & Wellness Center - Hamilton (ir	ncluding its officers,
agents, employees, and instructors) for all such claims, demands, injuries, damages, or c	auses of action, with
respect to any RWJ Fitness & Wellness Center - Hamilton program. The undersigned pare	ent declares that thei
child is physically fit and able to participate in Childcare. The undersigned parent declare	s on behalf of their
child that the child participates at their own risk.	
Signature of Parent or Guardian:	Date://
Print Name of Parent or Guardian:	
Additional Children:	







#### CHILDCARE

## **CHILDCARE PACKET**

# **General Waivers**

#### PERMISSION TO RESPOND TO MINORS FORM

In case of an emergency or incident, I (parent's name) give permission to the staff							
of RWJ Fitness & Wellness Center - Hamilton to evaluate, respond to, and notify Emergency Medical Services (EMS) if needed for (child's name), until such time as a parent can be notified and/or							
Child's Name:							
Child's Age:							
Child's Gender:							
Any Food Allergies: Yes/No							
If Yes, List:							
Emergency Contact:							
Emergency Contact Number:							
Parent or Guardian Signature:	Date:/						
Please Print Name:							
Received by F&W Staff:	Date: / /						



# Sick Child Policy Acknowledgment

#### SICK CHILDREN MUST BE KEPT HOME!

If your child is taking any type of antibiotics, running a fever, or experiencing stomach issues or vomiting, please allow 24-48 hours from the time the fever breaks, vomiting ceases, or antibiotics have been started before returning to Childcare.

If any staff members notice any signs or symptoms of illness, we will immediately notify you and ask you to remove your child from the facility.

Please sign below to indicate that you are aware of, and fully understand, the **SICK CHILD POLICY**.

#### THANK YOU FOR YOUR COOPERATION.

Parent or Gu	ıardian Name:		 Date://
Signature: _			
Child's/Child	Iren's Name(s):		
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-			
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